Holiday Local Food Guide

Grow.Eat.Play. Cedar Valley

(Your guide to finding local foods and gifts in November and December 2026.)

Vendor / Producer	Primary Offerings	Specific Products & Details	Contact Info
Groovy Greens	Local Produce	Microgreens	groovygreens2025@gmail.com
Beck Orchards	Honey, Maple Syrup	Pure local honey (8 oz. & 16 oz. glass jars), Pure maple syrup (quart glass jars)	beck84254@aol.com
Solstice Farm	Poultry	Frozen turkeys & stewing hens (available online at www.solsticefarm.net)	mark@solsticefarm.net
Paha Cider Co.	Hard Cider	Special small-batch releases of hard cider	mark@pahacider.com
Blueridge Orchard	Honey	Honey	blueridgeorchard@gmail.com
Cup of Joe	Baked Goods, Coffee	In-house bakery specializing in vegan, gluten-free, and egg-free pastries	cupofjoe.cedarfalls@gmail.com 319-277-1596
Yellow Table Farm	Eggs, Local Produce, Lamb	Carrots, Brussel sprouts, potatoes, leeks, shallots, kale, Lamb cuts (Ground, chops, steaks, roasts, stew meat, shanks, osso buco) MAYBE: lettuce, tomatoes, peppers, celery, beets, radish, salad turnips, winter squash	yellowtablefarm@gmail.com
Joia Food & Fiber Farm	Local Baked Goods, Honey, Flour, Maple Syrup, Gift Bundles, pet foods, Meats	Kernza Pfeffernus cookies, Kernza flour & meats (Beef, Chicken, Lamb, Pork) Honey & Maple syrup aggregated for other producers	info@joiafoodfarm.com 641-228-1583
Hansens Dairy Waterloo and Cedar Falls	Baked Goods, Flour, Dairy products, Eggs, Honey, Body Care Products, Meats, Local Produce	Wagyu-Holstein tallow body care, tea mixes, cheese spreads, spice mixes, Wagyu steaks, Bison, Beef, Chicken, Pork, Turkey, breaded GF chicken	Mooroo@hansendairy.com 319-234-3309
Tech Gnar Farms	Fresh Mushrooms & Products	Fresh Blue Oyster, Lions Mane, and Black Pearl Oyster mushrooms; mushroom seasoning & powder	Treveast01@gmail.com

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Hansen's Dairy and Hansen's Dairy Cedar Falls	Baked Goods, Coffee, Dairy, Eggs, Honey, Flour, Local Produce, Beer/Wine, Maple Syrup, Popcorn, Meats	Full variety of dairy products, local foods, beverages, and meats (Bison, Beef, Lamb, Pork)	info@hansendairy.com
Thinkwell Coffee Roasting	Coffee	Cleanest, highest quality roasted coffee	roasting@thinkwell.coffee 319-352-2458
Tim Laughlin Honey	Honey	Pure local honey	319-825-6462
Rooster's Crow Farm	Baked Goods, Eggs, Meat	Sourdough focaccia, cinnamon rolls, babka rolls, soft pretzel bites & traditional twists; Pasture-raised whole chicken & pieces; Grass-fed lamb cuts (chops, roasts, boneless legs, ground, ribs, brisket, belly, liver)	mjpipho@gmail.com 319-830-0044
Adolphs Produce and Bakery	Baked Goods, Local Produce, Popcorn	Onions, potatoes, Napa cabbage, red cabbage, black walnuts, popcorn kernels	cadolphs@yahoo.com 319-478-8624
Kaiser Farm Fresh	Farmstead Goat Milk Soaps & Lotions	Handmade soaps and lotions using fresh milk from our own growing dairy goat herd. Sourcing premium local and organic ingredients, either unscented or essential oils.	kaiserfarmfresh@gmail.com