

PEOPLES GARDEN 2023 HIGHLIGHTS



The garden at Peoples Community Health Clinic in Waterloo builds community through our shared love of good food and good health.

2,597

Clinic clients and community members received food grown in the garden

3,087

Pounds of produce grown

50

Community Volunteers assisting with garden maintenance and harvest

3

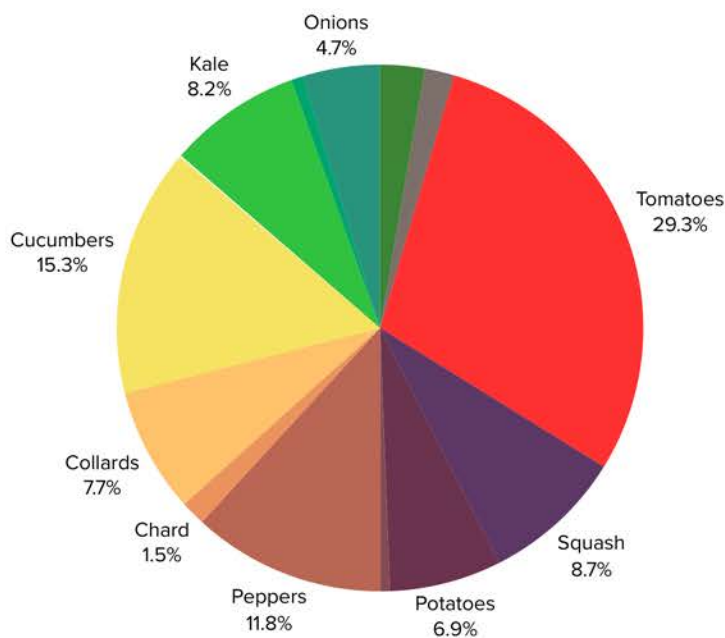
Local farms grew the plant starts and provided oat straw for mulch

12

Clinic clients received Thanksgiving bundles of produce and baked goods from local producers

4

Garden staff and AmeriCorps members managed the garden



Grown in the Garden this Season:

Zucchini, Tomatoes, Green Tomatoes, Squash, Potatoes, Peppers, Hot peppers, Chard, Collards, Cucumbers, Green Beans, Kale, Okra, Onions

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"I can't believe the things I've done with vegetables since I started getting the produce from the garden. I mean, I put kale in spaghetti sauce the other night and it was delicious. My kids didn't even notice, but they ate it right up. It feels good to be giving them fresh veggies every day."



"Thank you for doing this. I got hurt last year and money has been really tight. Fresh vegetables are expensive, and I pretty much don't buy them anymore. I'm so grateful to you for sharing your bounty."



Thanks to our partners for making this project possible



PEOPLES
Community Health Clinic

UNI
University of Northern Iowa
Center for Energy & Environmental Education